

2024 Rules Summary Pocono Mountain East Little League

The following are PMELL's regular season, in-house rules. They are designed for players to learn the game and to promote player development.
Rules should always be reviewed, adjusted (if needed) and understood/agreed upon by all coaches before every game.

Important Note : Rules are subject to change when playing away games against teams in other leagues.

Descriptions	Tee Ball	Baseball					Softball			
		Coach Pitch	Minors	Majors	50/70	Seniors	Coach Pitch	Minors	Majors	Seniors
Ages	4,5,6	6,7,8	8,9,10,11	9,10,11,12	11,12,13	13,14,15,16	6,7,8	8,9,10,11	9,10,11,12	13,14,15,16
Number of Innings/Game	4	6	6	6	5 if DH 7 if not DH	5 if DH 7 if not DH	6	6	6	7
Time Limit (no inning to begin after)	1:00	1:15	1:30	2:00	2:00	N/A	1:15	1:30	2:00	N/A
On Deck Batter allowed on field during play?	N	N	N	N	N	N	N	N	N	N
Maximum Number of Players on Field	N ¹	10	10	9	9	9	10	10	9	9
Minimum Number of Players to Play game	N/A	N/A	8	8	8	8	N/A	8	8	8
Base Stealing Allowed?	N	N	Y ⁶	Y	Y	Y	N	Y ⁶	Y	Y
Stealing Home Allowed?	N	N	Y ³	Y	Y	Y	N	Y ³	Y	Y
Strikeouts	N/A	Y (3 swings) ⁸	Y	Y	Y	Y	Y (3 swings) ⁸	Y	Y	Y
Dropped 3rd Strike in Play?	N/A	N	N	Y	Y	Y	N	N	Y	Y
Walks	N/A	N	Y	Y	Y	Y	N	Y ⁴	Y	Y
Infield Fly Rule	N	N	N	Y	Y	Y	N	N	Y	Y
Intentional Walk?	N/A	N/A	N	N	N	N	N/A	N/A	N	N
Runs per inning - 4 run limit	N ²	N ²	Y ⁵	N	N	N	N ²	Y ⁵	Y ⁵	N
Mercy Rule Parameters	N/A	N/A	N/A	Y ⁷	Y ⁷	Y ⁷	N/A	N/A	Y ⁷	Y ⁷

Notes

- 1 - All players should be assigned a position/area on the field. Rotate positions every inning where possible.
- 2 - Inning is over after 3 outs **or** all players bat once, whichever comes first.
- 3 - Stealing home is allowed ONCE per inning. But NEVER on an overthrow back to the pitcher.
- 4 - If pitcher throws 4 consecutive balls, batter will NOT advance (i.e. walk) to 1st base. Batter's coach will pitch until batter either puts the ball in play or strikes out.
- 5 - If the home team is behind by 4 or more runs going into the final inning, they can only score the needed amount of runs to TIE the game - at which point the game ends.
- 6 - Runners can only advance 1 base when stealing.
- 7 - 10 runs after 4 innings (5 innings for 50/70 and BB/SB Seniors) or 15 runs after 3 innings (4 innings for 50/70 and BB/SB Seniors)
- 8 - 5 pitches max per batter, then hit off tee (for games 1,2,3). Game #4 and after, 3 swings and batter is out.

Pitching Rules

Baseball		Softball			
Player age determines pitching limits. Use the Little League age calculator to determine a player age. https://www.littleleague.org/play-little-league/determine-league-age			Minors	Majors	Seniors
Per game pitch count limits by player age		Rest requirements by pitch count			
<u>League Age</u>	<u>Pitch Limit</u>	<u>Pitches</u>	<u>Calendar days rest</u>		
13 - 16	95	66+	4 days rest		
11 - 12	85	51 - 65	3 days rest		
9 - 10	75	36 - 50	2 days rest		
7 - 8	50	21 - 35	1 day rest		
		0 - 20	0 days rest		
		Innings per game	3	9	10/day
		Innings per week	9	18	30
		One pitch constitutes an inning			
		More than one inning = one day rest			
		Seniors only: <5 innings, no rest required. 5 or more innings, one day rest required.			

Baseball (Minors) only: Limit each pitcher to throwing 2 innings in order to promote player development (i.e. more pitchers).

Baseball only: A pitcher who delivers 41+ pitches in a game may not play catcher for the remainder of the game.

Baseball only: No Player who has played the position of catcher in 4 or more innings may pitch in that game. One pitch constitutes an inning.

Pitcher warm-ups: whenever possible, a player must be the first option to warm up a pitcher (both on/off field), and wear catcher's gear to do so.

For any rules issues, please contact: Joe Zbylicki - jzbylicki@gmail.com - 570-954-2771